



HEALTH, ILLNESSES & SEEING A DOCTOR

TOPICS:

- Personal relation to healthcare and medicine
- Experience with injuries or illnesses
- Visiting a doctor
- Vocabulary and idioms
- Little bit of roleplaying



YOUR RELATION TO MEDICINE

- Do you worry about your health a lot ?
 - Regular exams
 - Healthy life-style
 - Usage of medication
- How do you feel about hospitals, exams and doctors ?
 - Fear of needles or blood
 - Hypochondria
 - Blood donation



EXPERIENCE WITH INJURIES OR ILLNESSES

- Have you ever spent longer period of time in hospital because of serious illness ?
- How often are you ill ? How do you deal with common diseases and what do you do to prevent them ?
- Have you ever broken any bone ?
- Do you suffer from any allergies ?



VISITING A DOCTOR

- Describe your problem
- Share your medical history (anamnesis)
 - Health issues in family
 - Previous medical problems, allergies to drugs
- Undergo exams / test
- Get a prescription and then medicine
- Make an appointment for check-up



VOCABULARY – GENERAL ILLNESSES

- -ache – bolest (tvorí složeniny např headache)
- Cancer – rakovina
- Cold – nachlazení
- Cough – kašel
- Flu – chřipka
- Heart attack – infarkt
- Infection – infekce
- Pain – obecná bolest
- Fever – horečka
- Dizziness – motání hlavy



VOCABULARY – MINOR INJURIES

- Bruise – modřina
- Cut – řezná rána
- Graze – odřeninina
- Wound – zranění, spíše otevřené
- Rash – vyrážka
- Swelling – otok
- Fracture – zlomenina
- Dislocation – vykloubení
- Burn – popálenina
- Cramp – křeč



VOCABULARY - TREATMENT

- Bandage – obvaz
- Stitch – steh
- Plaster – sádrový obvaz
- Pain-killer – prášek proti bolesti
- Tranquilizer – sedativum
- Check-up – kontrolní prohlídka
- Injection or Shot – injekce
- Drops – kapky
- Pills – tablety
- Cure - lék



VOCABULARY – OTHER TERMINOLOGY

- Blood pressure – krevní tlak
- Heart beat – puls
- Surgery – chirurgický zákrok
- Nurse – zdravotní sestra
- Treatment – léčba
- Vital – nezbytné k životu



VOCABULARY – IDIOMS

- to feel under the weather = not well
- to black out = to faint
- to go under knife = to undergo surgery
- on the mend = getting better
- at death's door = close to dying
- as fit as a fiddle = be in good physical condition
- pull through = recover from serious illness
- ready to drop = very tired and exhausted
- to be off colour = feel sick
- look the picture of health = completely healthy



MY PERSONAL RECOMMENDATION

